

Parts List

- (1) Cradle Chair with Footrest, & Carrying Case
- (1) 36" Center Dowel
- (1) 19" Footrest Dowel
- (2) 30" Armrest Dowels
- (2) Arm Rests
- (1) Large "S" Hooks
- (1) Small "S" Hook
- (1) Eye Lag Screw

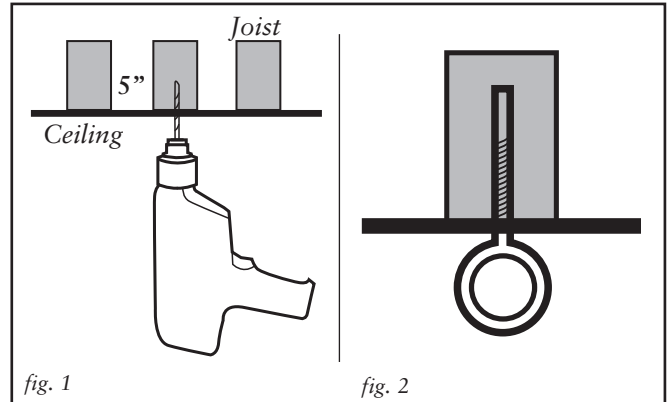
Make sure all of the above pieces are included prior to hanging your Cradle Chair. If anything is missing, please contact Hammaka at 877-426-6252.

Cradle Chair

Step 1: INSTALLING THE EYE LAG SCREW

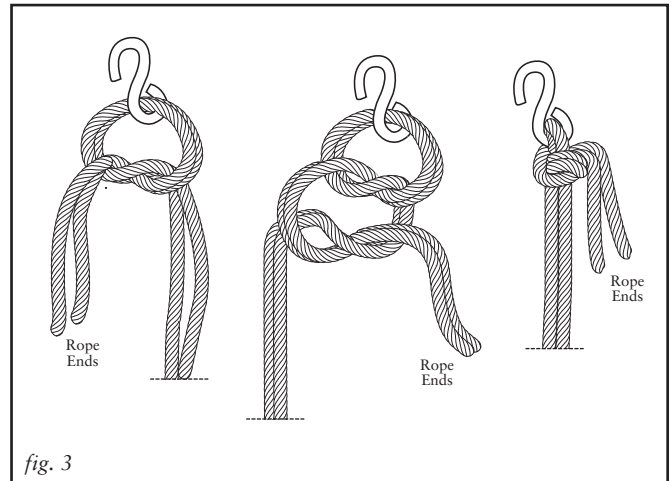
(skip this step if you are installing on a Hammaka Stand)

1. Locate the ceiling joist or beam, using a stud finder or similar tool. For your safety, be sure to locate the exact center of the joist.
2. Using a 3/16" wood drill bit, drill a hole (approximately 5" deep) perpendicular to the ceiling. THE HOLE MUST BE DIRECTLY IN THE CENTER OF THE STUD/JOIST FOR MAXIMUM WEIGHT BEARING CAPACITY (see fig.1). Failure to do so could cause loosening in the eyebolt.
3. Screw the included eye lag screw into hole until all threads have disappeared into the beam/joist.
4. Check and make sure the eyebolt is securely placed in to the beam/joist each time before sitting in the chair. Failure to do so could result in injury. Do not loosen or adjust the eye lag once it is in place.



Step 2: HANGING THE CRADLE CHAIR

1. Hang the chair from the installed eye lag by tying the ropes to the large S-hook. Align the two rope ends and pass through the smaller part of the large S-Hook. Knot the rope as shown in the illustration (see fig. 3). Pull knot tightly. Wrap any excess rope around the knot.



Step 3: INSTALLING DOWELS (see back side for dowel placement)

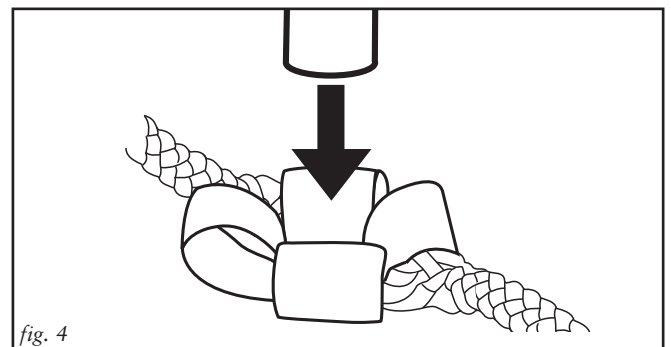
Dowel pocket holders will be snug - please fit dowel in firmly).

CAUTION: Pulling or putting pressure directly on the dowel in any way could result in injury and/or breaking of the dowels. Please DO NOT pull up on any of the dowels.

1. Take large dowel (36") and place each side firmly into the black dowel pocket holders at the top of the chair (see fig. #4).
2. Take the two medium dowels (30") and place each into the black dowel pockets above the right and left armrests.
3. Firmly press each dowel into the side black dowel pocket holders.

Step 4: HANGING THE FOOTREST

1. Take footrest rope and slide it through the small S-Hook.
2. Tie a secure knot (see fig. 3).
3. Attach small S-Hook onto large S-Hook in ceiling joist.
4. The footrest may be adjusted up and down for comfort.
5. Take the small dowel (19") and fit firmly into each side of black dowel pocket holders.



Step 5: HANGING THE ARMRESTS

1. (See side 2 for placement)

CLEANING YOUR CHAIR - To wash, simply scrub with a soft brush using warm, soapy water and hang to dry. Do not use a washing machine, a tumble dryer, or any chemical bleaches/cleaners.

CAUTION! The Hammaka Cradle Chair is not designed as a swing. Bouncing, swinging, or any other significant movement while in the chair may cause serious injury or death. **Weight limit 350 lbs.**





Cradle Chair

